



Outline: **Experiential activities**

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School, country: Lyceum of Kato Achaia, Greece

Subject: Raising awareness of the school community members on bullying issues.

Title of the activity: **"Share it to end it"**

Duration: 2 hours

Recommended classes: All Lyceum classes

Date: 8 March 2018

Intervention on the phenomenon of school bullying

The Organization "The Smile of the Child" was invited to our school in order to organize an interactive meeting with students of the A and B grade about the phenomenon of bullying



"The Smile of the Child" was created in 1995 and is recognized internationally, with a Vision: the Smile of every child, implements nationwide, 365 days a year and 24 hours a day, effective and direct actions for preventing and addressing particular phenomena that threaten children.

In the course of 22 years of action "The Smile of the Child" has supported more than 1.300.000 children and their families. Children victims of any form of violence, missing children, children with health problems, children living in poverty or threatened by poverty, have found a solution.

The Organization is staffed by specialized scientific personnel and has the precious support of volunteers.

Mission:

- Services for all children in Greece regardless of ethnicity and/or religion
- Prevention activities for all children in Greece to address phenomena of violence and/or child disappearances, as well as provide medical preventative examinations
- Actions of Intervention for children victims of any form of violence, missing children, children with health problems, children living in poverty or threatened by poverty
- Therapeutic actions for children victims of any form of violence

According to the organization, in order to view a behavior as intimidation it should have four characteristics:

- To be done systematically. Intimidation is distinguished from other forms of violence against children because it is a pattern of repetitive behavior
- To be done by intent
- To aim to hurt someone
- To exist an imbalance in power among the people involved.

Objectives of the activity

- Prevention, counseling intervention.
- Raising awareness of the school community members on bullying issues.
- Cooperation, acceptance and trust between students.
- Mobilizing students, parents and teachers. More specifically, students mobilize their peers, teachers and parents in an effort to make them take action against the phenomenon.
- To encourage students to talk about bullying as well as share their own experiences.

Description

- ✓ Psychologists of the organization carried out interactive preventive interventions to students, based on a social story of a child who receives bullying.
- ✓ During the meeting and through a fruitful dialogue guidance was provided to bullied children, bullies as well as bystanders of the phenomenon.
- ✓ Students had the opportunity to reflect on the issue, identify the causes and discuss how to deal with it.
- ✓ Students were informed on the operation of the Helpline which provides services to all children in Greece, for any problem they face, on a daily basis, nationwide, 24 hours a day, free-of-charge from landlines and mobiles.
- ✓ The intervention took place into two groups.

Further Evaluation

Students, having the experience of this interactive activity can create and adopt good practices in order to avoid bullying. They can also try to resolve conflicts between them.

Photos

